

Introduction to Single String picking

USING A SUPPORTED PICKING HAND (VERY IMPORTANT!!!)

Standard tuning

♩ = 120

Pick String 1 UPWARDS for each note

Now pick String 1 UPWARDS followed by String 2 DOWNWARDS

Continue to alternate until you can play smoothly

The diagram shows a 4-bit shift register represented by four horizontal cells. The left two cells are labeled 'TAB' and the right two cells are labeled '0'. Above the first cell is a '3' and a 'V' symbol. Above the second cell is a '0' and a 'V' symbol. Above the third cell is a '4' and a 'V' symbol. Above the fourth cell is a '0' and a 'V' symbol. Below the cells are four vertical lines, each aligned with a cell boundary.

Now do the same pattern but move on to strings 2 and 3

IT IS CRUCIAL THAT YOU SECURE YOUR PICKING HAND TO GUITAR USING LITTLE FINGER

	$\frac{1}{5} V$	$\frac{1}{4} V$	$\frac{1}{3} V$	$\frac{1}{2} V$	$\frac{2}{3} V$	$\frac{3}{4} V$	$\frac{4}{5} V$
T	0	0	0	0	0	0	0
A							
B							

Add the first fret on string 2 - press with your 1st finger (orange sticker row 1)

TRY NOT TO LOOK AT YOUR PICKING HAND!

	$\neg V$	V	$\neg V$	V	$\neg V$	V	$\neg V$
T	1	0	1	0	1	0	1
A							
B							

Add the third fret on string 2 - press with your 3rd finger (blue sticker row 3)

SECURE LITTLE FINGER ON GUITAR BODY TO STEADY PICKING HAND!

	$\frac{9}{V}$	\square	V	\square	$\frac{10}{V}$	\square	V	\square
T	3		3		3		3	
A		0		0		0		0
B								

Alternate pick using open strings only

Alternate pick while pressing just the orange sticker on row 1

	V_{11}	\square	V	\square	V_{12}	\square	V	\square
T	0		0		1		1	
A		0		0		0		0
B								

Alternate pick while pressing just the blue sticker on row 3

Alternate pick while pressing just the orange sticker on row 1

	13				14			
	V	□	V	□	V	□	V	□
T	3		3		1		1	
A		0		0		0		0
B								

THE GOAL IS TO **NOT** LOOK AT YOUR PICKING HAND WHILE PLAYING. THIS IS ACHIEVED BY POKING YOUR LITTLE FINGER OUT ON YOUR PICKING HAND AND GENTLY RESTING IT ON THE GUITAR BODY UNDERNEATH THE HOLE TO STOP YOUR HAND MOVING TOO MUCH WHILE YOU PICK....